

# Red Rock Multipitch Packing List

## Climbing Hardware

- helmet
- harness
- climbing shoes
- tube-style belay device
- assisted braking device
- 2 large, locking carabiners
- 120 cm. (“double-length”) sling with locking carabiners

## Personal Equipment

- multipitch backpack (18-25 L)
- hydration (at least 2 L)
- snacks/lunch
- headlamp with back-up batteries
- trekking pole(s) (optional)

## Self-care and Personal Kit

- sunscreen
- lip balm
- hydration tablets (e.g. Nuun) (optional)
- medications (if applicable)
- power bank with charging cable for phone (optional)

## Clothing

- baselayer (e.g. sun hoody; no cotton)
- mid-weight sweater (preferable with hood; no cotton)
- lightweight puffy (e.g. Patagonia Nano Puff)
- windbreaker (e.g. Patagonia Houdini)
- hard shell jacket (if precipitation is in the forecast)
- lightweight puffy (usually if the route is in the shade or temperatures are 50° or below)
- sun hat
- buff
- belay/work gloves (e.g. Petzl Cordex gloves)
- sunglasses
- sticky rubber approach shoes (e.g. La Sportiva TX2s)

## Gear Notes *(these are recommendations; refer to your pre-trip email)*

- If we plan on coming back to our packs: you can pack all of the above gear into a regular crag pack (45-50L) to leave at the base and leave any extra gear you do not want to take up the wall.
- **If we plan on going “up and over” and not returning to our packs:** Pack all gear in your multipitch pack (packs closer to 25L are better for this situation)
- If the route is in the shade or the temperature outlook for the day is 50° or below: prioritize packing warm layers
- If the route is in the sun or the temperature outlook is 70° or higher: prioritize extra hydration (2.5L or more)